

Exercise First Look '08

Cadets and staff from 7 Squadrons took part in a First Aid and Weapons Training weekend.

The training took place at Brunswick Camp, ATR Pirbright, over the weekend of the 12th and 13th of January. The weekend was designed to provide two streams of training: Cadets who were not trained on the L98-A1 weapon were taken through the Initial Weapons Training, Weapons Handling Tests and then shooting on both short and long ranges.

Cadets who were trained on the L98-A1 were taken through the Young Lifesaver Plus training followed by shooting on both short and long ranges.

All of the cadets that took part in the Young lifesaver Plus training passed the qualification. Once the training was complete the cadets were then taken through the 28 obstacles on the Pirbright Obstacle Course.

Exercise Controller, Flt. Lt. Chris Ibbitson commented: "The weekend was packed with activities, with cadets getting the chance to complete several different activities, all with the chance of gaining further qualifications and skills. It was a very successful weekend, all of the cadets enjoyed themselves, as did all of the staff. It was good to see so many squadrons pooling resources and achieving so much in a short space of time."

The squadron that participated in the exercise were: 6F (Romford), 9F (Islington), 282 (East Ham), 338 (West Ham), 1838 (Elm Park), 2048 (Dagenham) and 2324 (Chigwell).

For more photographs, please visit the [Photo Gallery](#)